



# MONDAY

**ZUMBA** ..... 9am - 10am  
(June 23rd and July 14th — Activity moved to 2pm)  
Outaouais Terrace

**MINIGOLF TOURNAMENT FOR KIDS**..... 10:30am - 11:30am  
Sports Chalet

**TENNIS CLINIC**..... 2pm - 3pm  
Reservation required with Concierge  
Outside Tennis Courts

**PICKLEBALL CLINIC**.....3:15pm - 4:15pm  
Reservation required with Concierge  
Outside Tennis Courts

# TUESDAY

**YOGA** ..... 9am - 10am  
Outaouais Terrace

**KAYAK RACE** ..... 10:30am - 11:30am  
Nautical Chalet

**GOLF CLINIC ( 15 years old and under )** 🚗  
Reservation required with Concierge  
Children must be accompanied by an adult  
6 places available (1 child + 1 adult = 1 place)  
• 1pm - 1:50pm  
• 2pm - 2:50pm  
Clubhouse

**GUIDED TOUR** .....4:30pm - 5:30pm  
Concierge

**CINEMA WITH POPCORN** .....8pm  
Location available at Concierge

# WEDNESDAY

**MINIGOLF TOURNAMENT FOR KIDS**.....9:30am - 10:30am  
Sports Chalet

**PADDLEBOARD CLINIC**.....11am - 12:15pm  
Reservation required with Concierge  
Nautical Chalet

**AQUA ZUMBA** ..... 2pm - 3pm  
Outside pool

**CLIMBING LESSON** 🚗 .....3pm or 4:30pm  
Reservation required with Concierge  
Location available with Concierge

# THURSDAY

**BIRD WATCHING TOUR**..... 9am - 10am  
Concierge

**KAYAK RACE** ..... 10:30am - 11:30am  
Nautical Chalet

**ZUMBA** .....11am - 12pm  
(July 3rd and July 17th — Activity moved to 2pm)  
Outaouais Terrace

**GOLF CLINIC ( 15 years old and under )** 🚗  
Reservation required with Concierge  
Children must be accompanied by an adult  
6 places available (1 child + 1 adult = 1 place)  
• 11am - 11:50am  
Clubhouse

**GOLF CLINIC ( 16 years old and older )** 🚗  
Reservation required with Concierge  
6 places available (1 person + 1 couple = 1 place)  
• 1pm - 1:50pm  
• 2pm - 2:50pm  
Clubhouse

# FRIDAY

**MINIGOLF TOURNAMENT FOR KIDS**.....9:30am - 10:30am  
Sports Chalet

**TENNIS CLINIC**..... 10am - 11am  
Reservation required with Concierge  
Outside Tennis Courts

**PICKLEBALL CLINIC**.....11:15am - 12:15pm  
Reservation required with Concierge  
Outside Tennis Courts

**AQUA ZUMBA** ..... 2pm - 3pm  
(August 29th — Not available)  
Outside pool

**COLORS AND MOODS** .....3pm - 4pm  
Reservation required with Concierge.  
Location available with Concierge.

**CINEMA WITH POPCORN** .....8pm  
Location available at Concierge



# SATURDAY

**KAYAK RACE** ..... 10:30am - 11:30am  
Nautical Chalet

**GOLF CLINIC ( 15 years old and under )** 🚗  
Reservation required with Concierge  
Children must be accompanied by an adult  
6 places available (1 child + 1 adult = 1 place)  
• 11am - 11:50am  
Clubhouse

**GOLF CLINIC ( 16 years old and older )** 🚗  
Reservation required with Concierge  
6 places available (1 person + 1 couple = 1 place)  
• 1pm - 1:50pm  
• 2pm - 2:50pm  
Clubhouse

**POOL PARTY** ..... 2pm - 5pm  
Bar available on site \$  
Outside pool

**GUIDED TOUR** ..... 4:30pm - 5:30pm  
Concierge

# SUNDAY

**YOGA** ..... 9am - 10am  
Outaouais Terrace

**BIRD WATCHING TOUR**..... 9am - 10am  
Concierge

**PADDLEBOARD CLINIC**..... 10:30am - 11:45am  
Reservation required with Concierge  
Nautical Chalet

**AQUA ZUMBA** ..... 2pm - 3pm  
(August 24th — Not available)  
Outside pool

🚗 A car is required to reach the activity (gravel road).

*\*In case of rain, some activities may be moved indoors or cancelled.*